

# ENGAGEMENT SESSION ADVICE

So your engagement photography session is upcoming and you want to absolutely NAIL your photos! This is after all, a great chance to practice before the big day, maybe try out some really fun poses/props that you won't get a chance to do on the day and of course give me a chance to get to know you both a little better prior to you having wedding day jitters.

Here's a list of key tips to help you make the most out of your session:

## LOCATION

This could be a location that has a special meaning to you both, maybe you had your first date here? Or, if you're comprising with your other half on whether to have a beach or country wedding, this could be your opportunity to incorporate both!! Heck, you can even organise a mountain hike photo shoot to get some really wholesome photos of you both as a couple in your natural habitat! Just let me know what's your style and I can do my best to accommodate you. If you've opted for a beach session and you want to jump into the water fully clothed towards the end, I'm down for that too! I LOVE photos that scream emotion, and these are the kinds of moments when we are most alive and more ourselves than any other time!

## LIGHTING

I organise your sessions in the late afternoon/early evening in what's referred to as 'golden hour'. It's the last hour of light before sunset and it's MAGICAL for photos! It offers soft, warm and flattering light that really adds romance for a dreamy atmosphere!

## CO-ORDINATE YOUR OUTFITS

Choose outfits that complement each other without being too matchy-matchy. Coordinating colours and styles can create a harmonious look. Consider your location and the season. Light and airy fabrics work well for a beach setting, while bold and rich colours can pop against an urban backdrop. Think about your personal style and what makes you feel comfortable and confident. Your outfits should reflect your personalities.

## HAIR AND MAKE UP TRIAL

Ladies, this is an EXCELLENT time to trial your hair and make up artists incredible work!! As well as getting to see what they're capable of and getting a sneak peek of what you'll look like on your big day (EEEEK)! You can utilise your trial for your photos and maybe even a date night following your photo session!

## **YOUR NAILS**

Get a mini mani done! Or put a fresh layer of nail polish on before you photos. It'll help put the finishing touches on your outfit, plus the close up shot of the ring will look even more polished (excuse the pun)!

## **PROPS**

You can bring champagne along to your session for a classic champagne spray (it doesn't have to be expensive) or perhaps a picnic set if you like - this will help you to have something else to focus on if you're a little nervous or you just want to have a little fun during your session!

## **PETS**

If you have a fur baby and they are family, I encourage you to bring them along! Dogs are part of your world and I'm a big believer in ensuring we capture plenty of moments with them. And this point is especially important if you're not able to have your dog at the wedding!

## **DURING THE SESSION**

Stay relaxed, have fun & learn to ignore me! 90% of the time I'm pointing a camera at you, I'll expect you to ignore me. Hell, I'm happy when you ignore me. Just enjoy the experience and each other's company. The more relaxed and genuine you are, the more your love will shine through in your photos!

## **FLATTERING POSES**

I'll guide you through your photos including poses and prompts, but bear in mind that natural interactions tend to be the most heartwarming shots.

## **BRING A BAG**

Here are some things to include in your engagement session bag:

- Additional outfits (if you plan on wearing more than one)
- Thongs for walking between photo locations
- Makeup for touch-ups
- A bottle of water (to keep you hydrated during the session)
- Coat (for in between shots during the colder months)
- A speaker for music

## **SUMMARY**

You get out of your session what you put in to it! If you're lacking inspiration, look up some engagement photo ideas on Pinterest. If your partner doesn't like having their photo being taken and they are having a really hard time getting excited for the photo session, it's a great idea to organise to something that your partner does like afterwards. Whilst you're dressed up you might as well go out to dinner or hit your favourite date night spot!

Most importantly, trust in your love, trust in your photographer and let your story unfold naturally in front of my camera.

*Victoria Jayne*  
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